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**Changing Lives
Learning Trust**

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KidSafe FP2: Session One - Y5 & 6

Dear Parents/carers,

The KidSafe Full Programme Two (FP2) started in your child's class. The purpose of the KidSafe programme is to develop your child's ability to recognise unsafe situations and to act to help protect themselves.

Over the next few weeks the children will be looking at the following areas:

Identifying what gives children 'yucky feelings'; difficulties children may have to speak out about bullying and cyber bullying; difference; understanding peer pressure and enabling children to understand how difficult it is to say 'no' to their peers; identifying potential harm and impact for children in relation to exposure to violent games/films; choices; recognising and controlling anger; exploring the potential impact on children witnessing parents/carers arguing; not keeping secrets that are harmful and children's mental health and emotional wellbeing.

This week, the KidSafe educator played games with the children to remind them of the topics covered in the first KidSafe programme including helping KS with problems he was experiencing. We identified what gives children 'yucky' feelings and talked about what intuition is.

Please take the opportunity to talk with your child about this week's session and encourage them to tell you how they benefitted from, or what they enjoyed about, KidSafe.

We would welcome any comments you or your children have in relation to this session.

Yours sincerely,

Miss Little & Mrs Gorley