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### **KidSafe UK: Session 4 of 5**

Dear Parents/Carers,

In today's session we talked about our bodies and how to keep them safe.

We talked about the importance of the private places we all have on our bodies. We introduced two sets of rules to help keep our bodies safe. The first set are for everyone and the second are specifically for children.

Here are two examples:

- Your private places are special, look after them and keep them safe.
- You are the boss of your body and your private places'.

Your child has been given a copy of these rules to bring home.

We also discussed good and bad or 'yukky' secrets. We used the puppet KS to role-play a good secret and a 'yukky' secret. The good secret was surprising KS by singing Happy Birthday to him and the 'yukky' secret was inappropriate touching when someone who asked KS to keep this a secret. We reminded children about their trusted adults who they could tell if they ever had 'yukky feelings' or were asked to keep a 'yukky' secret.

We would welcome any comments you or your children have in relation to this session.

Yours sincerely,

Mrs Gorley & Miss M Little