

Flimby Primary School – Physical Education

Intent

How we have planned our PE curriculum

At Flimby Primary School we aim to deliver high-quality teaching and learning opportunities. We want to teach children so they develop their life skills. Our curriculum builds on promoting both physical and mental well-being, improving the fitness of children, teaching skills, improving confidence and underpinning values. Our curriculum is sequenced so that skills are built on and all children are given the opportunity to expand on prior learning as they move through the key stages. We also encourage our children to participate in both competitive sport and sporting festivals to support their health and fitness, social skills, confidence and team work.

Implementation

How we teach our PE curriculum

At Flimby Primary School, PE is taught by a HLTA and sporting professionals. Children in Key Stage 1 and 2 complete 2 hours of PE each week. Children in year 6 also take part in swimming lessons. In EYFS all children are provided with daily opportunities to participate in a range of activities, both indoors and outdoors, that provide appropriate physical challenges, whilst using a variety of resources and equipment. Reception has one specific PE lesson per week to teach skills in order to enable future progression. Children are encouraged to be active throughout the day through taking part in Teach Active activities, clubs, outdoor learning opportunities and break and lunchtime games and activities delivered by upper KS2 play-leaders. Special activities and workshops are booked throughout the year to enhance the curriculum.

All PE at Flimby Primary School is fully inclusive and adapted to suit all levels and abilities. Our curriculum supports both skills and game and knowledge progression and is sequenced to maximise learning for all children. Know more, remember more is promoted during lessons to build on what prior skills have been taught in order for them to move forward and develop further.

Impact

The difference we aim to make for our children

At Flimby Primary School, we encourage children to participate in physical activity that is fun, engaging and purposeful. We want children to take responsibility for their own fitness and health and enjoy being active. We ensure children are equipped with the skills to grow up to live happy and healthy lives, utilising knowledge and skills taught and developed through PE.