




Spring/ Summer Menu 2022 Option B

-  Added Plant Power
-  Vegan
-  Wholemeal

Available

Daily:

- Freshly cooked jacket potatoes with a choice of fillings
- Bread freshly baked on site daily
- Daily salad selection
- Sandwich**
- Monday-TCake
- Tuesday-Wrap
- Wed-T Cake
- Thurs-Baguette
- Friday-Bread

ALLERGY

INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday
--	---------------	----------------	------------------	-----------------	---------------

Week One	Option 1	Sausage Roll with Wedges	Chicken Curry with Rice	Roast Chicken , Mashed Potatoes, Yorkie & Gravy	Pasta Bolognaise with Garlic Bread	Fish Fingers, Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pasta	Macaroni Cheese	Broccoli & Cheese Pasta	Stir Fried Vegetable Wrap	Cheese Pasty with Chips
	Vegetables	Peas	Sweetcorn	Peas Carrots	Cauliflower	Peas Baked Beans
	Dessert	Carrot Cake	Rice Pudding	Fresh Fruit & Yoghurt or Cookie	Iced Sponge	Peaches & Ice Cream
Fresh Fruit available daily						

Week Two	Option 1	Meat Balls in Gravy with Pasta	Cumberland Sausage with Herby Potatoes	Roast Gammon, Roast Potatoes, Yorkie Pud & Gravy	Beef Burger in a Bun with Potato Wedges	Fish Fillet, Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza	Cheese & Ham Omelette	School Cheese Pie	Chicken Enchiladas with Potato Wedges	Cheese Pasty with Chips
	Vegetables	Mixed Vegetables	Green Beans	Carrots Broccoli	Cucumber Mixed Vegetables	Peas Baked Beans
	Dessert	Flapjack	Orange & Cinnamon Cookie	Fresh Fruit & Yoghurt Station or Shortbread	Chocolate Brownie	Butterfly Bun
Fresh Fruit available daily						

Week Three	Option 1	Meat & Potato Pie	Chicken in BBQ Sauce with Rice	Roast Beef, Yorkie Pud, Mashed Potatoes & Gravy	Chicken Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Option 2	Cheese & Tomato Pizza with cubed potatoes	Turkey Fajitas with Rice	Cauliflower & Cheese Bake	Chinese Noodles	Sausage with Chips
	Vegetables	Green Beans	Sweetcorn	Carrot Cauliflower	Broccoli	Peas Sweetcorn
		Lemon Drizzle Cake	Raspberry Jelly &	Fresh Fruit & Yoghurt	Sponge & Custard	Shortbread