## Learn about it ... *Teach your child some simple rules:*

Make sure your child knows not to share personal information like their phone number or email address online.

Only talk to real life friends or family if they are on sites with a social media element like Moshi Monsters or Club Penguin.

Use privacy settings wherever they exist to keep their information private.

Be a good online friend and don't say nasty things even if it's just a joke.

Use secure and legal sites to download music and games.

Check attachments and pop ups for viruses before they click or download anything.

Use Public Friendly WiFi when they're out and about to filter inappropriate content

Help them to better understand the different online platforms they use and judge the quality and reliability of online resources

## Talk about it ... *Tips for a meaningful conversation:*

Start conversations when your children won't be embarrassed, for example on the way home from school.

Ask them for advice on how to do something online and use this as a conversation starter.

Make sure they know they can come to you if they're upset by something they've seen online.

Be sensitive and praise them when they share their online experiences with you.

If your child comes to you with an issue, stay calm and listen without judging them.

Talk about online grooming as you would stranger danger and explain that people they meet online might not be who they say they are.

Ask them about things online which might make them uncomfortable.

# Who can help?

**Mrs Peers
Acting Head teacher**

*Designated Safeguarding Leader*

**Miss Grima and Mrs Humes
Acting Deputies**

*Deputy Designated Safeguarding Leaders*

**Mrs Kath Stoddart**

*Safeguarding Governor*

Mrs Peers, Miss Grima and Mrs Humes are available at any time throughout the day to discuss any concerns you may have.

School Telephone:

(01900) 812264

Our full *E-Safety Policy* and

**More information on safeguarding can be found at:**
**www.thinkyouknow.co.uk**
**www.childnet.com**
**www.kidsmart.org.uk**
**www.internetmatters.org**

## Flimby Primary School
## E Safety

WEST LAKES
MULTI ACADEMY
TRUST

FLIMBY PRIMARY SCHOOL



# E-Safety

*Keeping our children safe online*

## How does your child use Computing in school?

At Flimby Primary school, computing is used across the curriculum. It is taught as a subject in its own right as well as in other subjects such as English and Maths. In computing lessons pupils learn to use a range of computing skills including:

- **Word Processing —** to write sentences they have constructed in their writing
- **Data Handling —** to record information
- **Graph & Charts —** to create tables, charts and graphs
- **Desktop Publishing —** to design posters
- **Multimedia —** to present text, pictures, sounds and video
- **Drawing Programmes —** to create pictures and designs
- **Internet —** to access research for project work
- **Digital Camera —** to record what the children have done in practical sessions or on trips
- **Control software —** to give something Instructions and make it happen
- **Simulations —** to explore real and imaginary situations

"**Children can now have a digital footprint before they learn to speak and often before they're even born!**" (Internetmatters.org, 2019)

## How can you keep your child safe online?

### Put yourself in Control …

Make use of the parental controls available on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting www.internetmatters.org

### Search Safely ...

Use safe search engines such as swiggle.org.uk or kids-search.com. Safe search settings can also be activated on Google and other search engines as well as YouTube. You can find out more at google.co.uk/safetycentre

### Set boundaries ...

It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a communal area, keep other devices out of reach and use passwords so they can't go online without asking you first.

### Explore together ...

Set your homepage to a child-friendly site such as CBeebies and give them a user account which only allows access to sites and apps you've chosen.

### Help children learn through games ...

Games are a great way for young children to explore the internet and learn about the world around them. You can choose safe, fun and educational games free of charge from providers such as Fisher Price or about their favourite characters like Peppa Pig.

## Guide to managing children's screen time

1. Set a good example with your own device use
2. Have discussions about the risks that they may face based on their online activities
3. Put in place a family agreement and agree an appropriate length of time they can use their device
4. Help them build critical thinking to understand that some features on platforms are design to keep you watching or playing
5. Encourage them to switch off auto-play on platform to remove the temptation to binge on programmes
6. Use tech tools and parental control to manage the time they spend online and the apps they use
7. Get the whole family to unplug and create 'screen free' zones at home
8. Together find apps, site and games that will help children explore their passions and make screen time active
9. For younger children find ways to combine touch screen use with creative and active play
10. Encourage children to self-regulate the time they spend online and the activity they do to ensure they are having a positive impact on their wellbeing

Pre-school children are online for an average of 71 minutes a day*

½ Over half of 3-4 year olds use tablets*